

Section: Division of Nursing
Approval: _____

* **PROCEDURE** *

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HACKETTSTOWN COMMUNITY HOSPITAL

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MATERNAL SERVICES
(Scope)

TITLE: PERINEAL WASH PRIOR TO DELIVERY

PURPOSE: To outline procedure for cleansing perineal area to promote a clean environment for the birth of the baby.

LEVEL: Independent

SUPPORTIVE DATA: Standard precautions apply.

EQUIPMENT:

1. Pack sterile 4x4 sponges
2. Betadine solution
3. Betadine spray
4. Container with tap water (sterile 4x4s are in a container). If there is extra sterile water, use sterile water as it is ready and available.
5. Clean gloves

CONTENTS:	PROCEDURE STEPS	KEY POINTS
	<ol style="list-style-type: none">1. After putting on gloves, nurse will pour betadine solution on wet sponges and wash across pubic area and discard sponge in bucket.	Never bring contaminated material toward the vaginal canal.
	<ol style="list-style-type: none">2. With clean sponge, wash one side of inner thigh, discard sponge. Repeat other thigh.	Work from inner aspect of thigh to outer aspect.
	<ol style="list-style-type: none">3. With clean sponge, wipe down one labia and discard sponge. With clean sponge, wipe down second labia.	
	<ol style="list-style-type: none">4. With clean sponge, wipe down middle, including perineum and anal area.	
	<ol style="list-style-type: none">5. Spray area with betadine spray.	Patient is now ready to have the medical provider drape her.